



Stevia Recipes

Cheesecake with Stevia

Suitable for diabetics

Ingredients (for 6 people)

- 3 eggs
- 1 yogurt
- 200 g of Philadelphia-type cheese cream
- 1 glass of milk
- 2 spoons of corn starch
- 0,5 g of Glycostevia-R60

Preparation

Disolve the corn starch in milk.
Add the other ingredients and mix with the food mixer.
Grease the mould with butter before pouring the mixture.
Cook in the oven at 200 °C during one hour.
Check it is cooked with a needle.
Leave to cool and take out of the mould.

Nutritional value: 185 Cal./ration

Difficulty: Easy

Preparation and cooking time: 90 min.

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